

LTFU NEWSLETTER

COVID-19 Survey

Our new supplemental survey will focus on your experience during the past year because of COVID-19. Please complete the module if you are able so that we have good participation. Many patients have let us know in the comments section of the Patient Recovery Questionnaire that their answers to the questionnaire were reflective of their experiences with COVID-19, including illness and isolation. This survey aims to let us know how many survivors have been directly impacted by COVID-19, if you have tested positive, and/or received a vaccination, as well as what precautions you may have taken during the course of the pandemic. Whether you feel completely healthy or not, if your transplant was recent or many years ago, filling out this supplemental survey will provide researchers important data on how survivors faced the challenges that the pandemic has brought on many people's lives.

We understand that many people would still like to let us know about their specific experiences with COVID-19. You are more than welcome to continue to share your stories or concerns in the comments section of the Patient Recovery Questionnaire. If you would like an immediate answer to any questions regarding vaccinations, COVID-19 related concerns, or even questions on topics unrelated to COVID-19, please call the LTFU office at (206) 667-4415. We do read all of your questions and comments but sometimes not until several months after you send them back.

Honoring Carina Moravec, ARNP

After nearly 4 decades at the Fred Hutch and Seattle Cancer Care Alliance (SCCA), Carina Moravec, ARNP, retired at the end of June 2021. Carina has been a much loved and exemplary Advanced Practice Provider (APP) in Blood and Marrow Transplantation (BMT). Her broad

experience and caring nature have garnered her a well-deserved national reputation. Carina started working in 1986 as a BMT Nurse Specialist helping to set up the BMT ICU wards at Swedish Hospital. She later focused on education for BMT nurses, then as a BMT Charge Nurse and later as a Nurse Practitioner in the Fred Hutch/SCCA BMT program. As an ARNP, Carina worked in the Clinical Coordinator Office (current SCCA Intake Office) and the Outpatient Autologous BMT Team. In 1997, she joined the Long Term Follow Up (LTFU) Clinical Service, when the BMT LTFU population was about 1,800 and only a half dozen clinic visits per week were available for long-term allogeneic BMT survivors. She was instrumental in helping to establish a chronic GVHD clinic that not only increased our capacity to see more adult LTFU patients, but also contributed to us becoming a model for other centers nationally and internationally. Carina's leadership contributions have been recognized throughout her career including the 2019 Lifetime Award presented by the Advanced Practice Provider Committee of the American Society of Transplantation and Cellular Therapy. Carina's genuine commitment to helping others and delivering the best care to all patients are some of the reasons why she is loved by her patients and admired and respected by physicians, nurses, peers and the multidisciplinary team that has had the privilege to know her.

Thank you, Carina, for all your hard work, dedication, and contributions to our LTFU clinical service and for our greater than 2 decades of partnership and friendship. I know I speak for all the faculty and staff at the SCCA in wishing you a wonderful retirement with more mountains to climb and more time to enjoy your family and friends!

-Mary Flowers, MD on behalf of all the LTFU Faculty and Staff

LONG-TERM FOLLOW-UP NEWS



(Group Photo: From left to right; Stephanie Lee, MD; Paul Carpenter, MD; Carina Moravec, ARNP; Mary Flowers, MD)

Dr. Paul Carpenter

In our last newsletter we mentioned the change in LTFU Clinical Leadership from Dr. Mary Flowers, who has been the Clinical Director of the Long-Term Follow-Up Unit since 2000, to our now current Clinical Director, Dr. Paul Carpenter. As a follow up, we thought readers would like to get to know Dr. Carpenter a little better.

While only in his current position for less than a year, Dr. Carpenter has a long history with Fred Hutch dating all the way back to 1995. When asked why he chose to continue his career at Fred Hutch he replied, "I enjoy the perfect combination of working in a world class institution among coworkers who are all dedicated to excellence, while being able to live in the awesomely beautiful pacific northwest and all it has to offer."

The previous position he held before his current leadership position was Clinical Director of the Pediatric Blood and Marrow Transplant Program. We were curious to know the biggest differences or challenges he faced when transitioning between these two roles. "The pediatric BMT program has for several years been working through multiple challenges associated with the planned move of our outpatient services from Seattle Cancer Care Alliance to Children's Hospital. While I have worked in Adult LTFU as an Attending for over a decade, the major challenge of this transition for me as its new

Clinical Director is mainly the larger breadth and scale of the LTFU service, and how to maintain and build upon its legacy of excellence that dates back decades and getting more acquainted with all the wonderful personnel that contribute to its total operations."

When asked what he wanted to let readers know, "Just as 2020-2021 has kept us on our toes with the need for iterative patient and staff updates about how to navigate new clinical scenarios related to pandemic precautions and evolving vaccination recommendations, any knowledge advancements in the years ahead will likewise continue to keep us busy as we strive to stay at the forefront of all things that matter to our LTFU patients."

Use MyChart to link and share your medical records

The Seattle Cancer Care Alliance/University of Washington have switched their electronic medical record to EPIC. **If your doctor's office uses EPIC as its medical record system you can use MyChart to link your account to the SCCA/University of Washington** so that your health information is available to all people taking care of you. Please do this now – better communication between all your providers will help us give you the best care possible. Thank you. If you are unsure how to link your MyChart account, please ask someone at your doctor's office to assist you. You can also use this link or scan the QR code to check if your doctor's office or medical facility uses MyChart.



<https://www.mychart.com/LoginSignup>

CONTACT

Long-Term Follow-Up Program
Mail Stop LF-240
PO Box 19024
Seattle, WA 98109-1024
Tel: 206.667.4415

Feedback/Questions

replyltfu@fredhutch.org

Missed an issue?

Read past, present and future newsletters online:
fredhutch.org/ltfu